

# 10 teal diva 5K



*Open to all ages*

REGISTER TODAY AT:

**SATURDAY**

**5.4.24**

McApline Park | 8711 Monroe Rd  
Charlotte, NC US 28212



ALL PROCEEDS BENEFIT

**teal diva**  
ovarian cancer support network tealdiva.org

# HOW WE MAKE A DIFFERENCE



## YES GIRL VOLUNTEER PROGRAM

By saying yes to tasks like lawn mowing, laundry, home maintenance, and offering financial assistance for necessities like rent and utilities, our community volunteers help ease the burdens of a woman battling cancer, allowing her to focus on her fight and find moments for herself, so she never has to face it alone.

## TEAL TRANQUILITY: *A Break from the Battle, Together*

Our weekend retreat is a transformative experience for survivors of gynecologic cancer, made possible through our fundraising efforts. Your support as a donor ensures that we can continue to provide this life-changing retreat, allowing survivors to forge deep connections, find strength in one another, and create lasting memories. Your contribution helps us offer solace, inspiration, and healing to those who need it most.



## ENCOURAGEMENT CARDS

As part of our nonprofit's mission, we've introduced a new program in response to the challenges brought forth by the pandemic. We're excited to share that we now provide a service where women in need of encouragement receive uplifting cards filled with prayers and support.



## CANCER SURVIVOR DIGNITY CHEMO SHIRT

We provide teal infusion shirts to women receiving chemotherapy for gynecological cancers, free of charge, preserving their dignity during a difficult process and empowering them by making their battle visible through the distinctive teal color associated with ovarian cancer.

PLEASE VISIT OUR WEBSITE FOR ADDITIONAL RESOURCES, SUPPORT AND TO GET INVOLVED:

[tealdiva.org](http://tealdiva.org)

15K

  
celebrate · honor · empower

FOR INQUIRIES OR INVOICE CONTACT:

[shannon@tealdiva.org](mailto:shannon@tealdiva.org)

1155 Four Lakes Dr. Suite E

Matthews, NC 28105

## ONLINE COMMUNITY



@tealdiva\_sisterhood



@tealdiva



@teal\_diva